

# "EMpowered En Pointe"

**EMpowered Dance Center**  
13818 Jarrettsville Pike, Phoenix, MD 21131

April, 2015

Volume 3, Issue 4



Emily's Corner

April will be a fun month for **EMpowered!** Most of our dances are complete for the end of the year

concert, so we will be perfecting them for the performance. It's been exciting to see most of our dancers join in the finale dance. We love to see dancers of all ages come together to have fun and we can't wait to perform for our family and friends. If you have been practicing for the finale, we would love to have you join in on the final dance of EMotion's dance performance at the Towsontown Festival, see below for more information and times. Please see the costume information sheet so that you can be sure you have everything necessary for the concert. We are again holding a tights sale, see the tights order form for more details and if your dancer is in more than one dance, you may want to order a nude leotard. Also, we are offering a chance to wish your dancer "good luck" or to advertise your business in our program. See the program ad form to choose your ad size and return them back by April 25<sup>th</sup>. Tickets will go on sale for our end of the year concert starting April 25<sup>th</sup>! Registration is in full swing for our summer camps and our drop in classes will be finalized soon. Space is limited, so register today! Thanks EMpowered!

## EMpowering Things to Know...

- Vocabulary Word of the Month
  - Fouette:** Quick whipping motion, usually accompanied by a pirouette. May be a short whipped movement of the raised foot as it passes rapidly in front of the supporting foot or the sharp whipping around of the body from one direction to another.
- Costume final balances are due in April
- Finale rehearsals April 18<sup>th</sup> & 25<sup>th</sup> 2-3pm
- April 25<sup>th</sup>
  - Program Ads and tights/nude leotard orders due
  - Ticket Sales open for end of the year concert

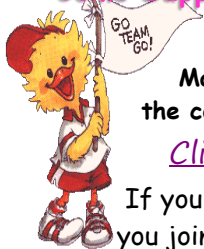
## Come Support EMpowered & EMotions at the Towsontown Festival

May 3<sup>rd</sup> 1:00-1:30pm - Information Stage  
the corner of Washington & Pennsylvania Avenues

[Click here to find us on the line-up](#)

If you are in the finale, we would love to have you join us in our last dance at the performance!

[Emily@empowereddance.com](mailto:Emily@empowereddance.com)



## April Calendar

<b>April 3<sup>rd</sup> -11<sup>th</sup></b>	<b>Studio Closed / Passover</b>
<b>April 3<sup>rd</sup></b>	<b>Sandi Thomas' Birthday</b>
<b>April 18<sup>th</sup></b>	<b>Finale Rehearsal 2-3pm</b>
<b>April 13<sup>th</sup></b>	<b>Tabitha Croxton's Birthday</b>
<b>April 18<sup>th</sup></b>	<b>Free Dance Trance Class</b>
<b>April 19<sup>th</sup></b>	<b>Patti Norris' Birthday</b>
<b>April 21<sup>st</sup></b>	<b>Julia Baran's Birthday</b>
<b>April 25<sup>th</sup></b>	<b>Finale Rehearsal 2-3pm</b> <b>Program Ads and Tights Orders Due</b> <b>Concert Tickets on Sale!</b>

## Summer Camps & Classes

- EMpowered Prep Intensive Camp-EPIC**
  - June 15<sup>th</sup>-19<sup>th</sup> 4:30-8:30pm
  - Take our camp so that you are prepared for your summer intensive. This camp is for advanced students, offering strength/conditioning, dance classes and meditation.
- EMpowered Setting the Barre Dance Camp**
  - June 22<sup>nd</sup> - June 26<sup>th</sup> 4:30-8:30pm
  - This camp is for all dancers ages 10 and above in the beginner/intermediate level. The dancer will become more proficient in ballet, learn variations and explore different forms of dance, including jazz, modern and lyrical.
- Drop in Classes July 12<sup>th</sup> - August 21<sup>st</sup>**
  - Tuesday, Wednesday and Thursday Evenings, a variety of dance classes will be offered. More details to follow soon.



EMpowered is excited to welcome Natalie Ferguson as she brings her DanceTrance classes to our studio. DanceTrance is a workout program for ages 16 and above that combines a love of music and dance. It is not a traditional dance fitness program, the choreography is created in a manner that allows you to pick up combinations while learning. Natalie has the only certified DanceTrance program in the state! Classes will be held on Mondays @ 6pm and Saturdays @ 9am. Join Natalie for a FREE trial class, Saturday, April 18<sup>th</sup> @ 1pm!! For more information: <https://www.facebook.com/DTBaltimore>



## Upcoming Events...

- May 3<sup>rd</sup>-EMpowered at Towsontown Festival-1pm
- May 16<sup>th</sup>-End of the Year Concert Dress Rehearsal-NDP
- May 17<sup>th</sup>-End of the Year Concert-1pm-NDP
- May 31<sup>st</sup>-EMotion performs at Hersheypark-2pm



[www.empowereddance.com](http://www.empowereddance.com)