

# "EMpowered En Pointe"

**EMpowered Dance Center**  
13818 Jarrettsville Pike, Phoenix, MD 21131

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Fall is here and classes are in full swing! We are still accepting registration although some classes are full, so let us know if you are interested in any classes. Please remember to come to class ready to dance

in appropriate dance attire and have your hair pulled back away from your face and in a bun for ballet class. If you have any questions about the dress code, please ask or look online. Thanks to Alex, Berlin, Emily W, Emily Z, Jacob, Julia, Kylie, Leah, Liesl, Morgan, Natalie, Nicole, Tori and Vienne for representing EMpowered at the University of MD, St. Joseph Medical Center's Community Health Fair. We had a great time performing for the community and enjoying the popcorn and hotdogs! I am happy to announce that we will be holding our winter performance, Saturday, December 20<sup>th</sup> at 1:30pm in the Sequoia Room at Oregon Ridge Park! This will be an optional performance for all EMpowered Students. Please see our information handout for more details. Thanks EMpowered!



## EMpowering Things to Know...

- Vocabulary Word of the Month
  - **Piqué:** A movement in which the strongly pointed toe of the lifted and extended leg sharply lowers to hit the floor then immediately rebounds upward. Also a movement in which the dancer transfers a stance from one leg in plié to the other leg by stepping out directly onto pointe or demi-pointe with a straight leg.
- We have ballet, jazz and tap shoes (not oxfords) as well as leotards and tights for sale. Please see the front desk for pricing.
- We will continue to offer our tap shoe rental program this year. The price will be \$30 for the year. We guarantee your child's size is available and when they grow during the year, we will provide them with the next size up. Please let us know if you are interested.
- We have a variety of EMpowered apparel and merchandise available for sale, including sweatpants and sweatshirts. We also will have new t-shirts and tanks available this year! Keep checking the studio for the new style and see the flyer in our "dancer's closet" for more information.
- If using Discount Dance Supply website, search for our studio name or use code **TP75306** when placing your order to enjoy 10% off your 1<sup>st</sup> order & 5% each purchase after!

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## October Calendar

October 13 <sup>th</sup>	Columbus Day
October 17 <sup>th</sup>	Samantha Muiru's Birthday
October 20 <sup>th</sup>	Mia Clary's Birthday
October 24 <sup>th</sup>	United Nations Day
October 31 <sup>st</sup>	STUDIO CLOSED Halloween Kylie Pigott's Birthday



**EMpowered on Social Media**



<https://www.facebook.com/EmpoweredDanceCenter>  
Like our page and see pictures of our dancers

<http://instagram.com/empowreddancecenter>

Follow us and keep up to date with pictures



**You Tube**

[http://www.youtube.com/channel/UCb\\_hxcDw2U24UTbc3KRWDw](http://www.youtube.com/channel/UCb_hxcDw2U24UTbc3KRWDw)

Subscribe to our YouTube Channel and study your dances

## Upcoming Events...

- **October 31st-Halloween!!!** EMpowered will be closed so that our students can enjoy trick or treating!
- **November 2<sup>nd</sup>**-Daylight Saving Time Ends
- **November 4<sup>th</sup>**-EMpowered Winter Performance tickets on sale
- **November 24<sup>th</sup>-29<sup>th</sup>**-EMpowered closed-Thanksgiving holiday.
- **December**-be on the lookout for more information about our dance team, EMotion
- **December 8<sup>th</sup>**-Additional tickets, if available, go on sale
- **December 19<sup>th</sup>**-Winter performance dress rehearsal, times to be determined
- **December 20<sup>th</sup>**- EMpowered winter performance. 1:30pm. Oregon Ridge Park, Sequoia Room. Let us know if you want to be part of this optional performance!



[www.empowreddance.com](http://www.empowreddance.com)